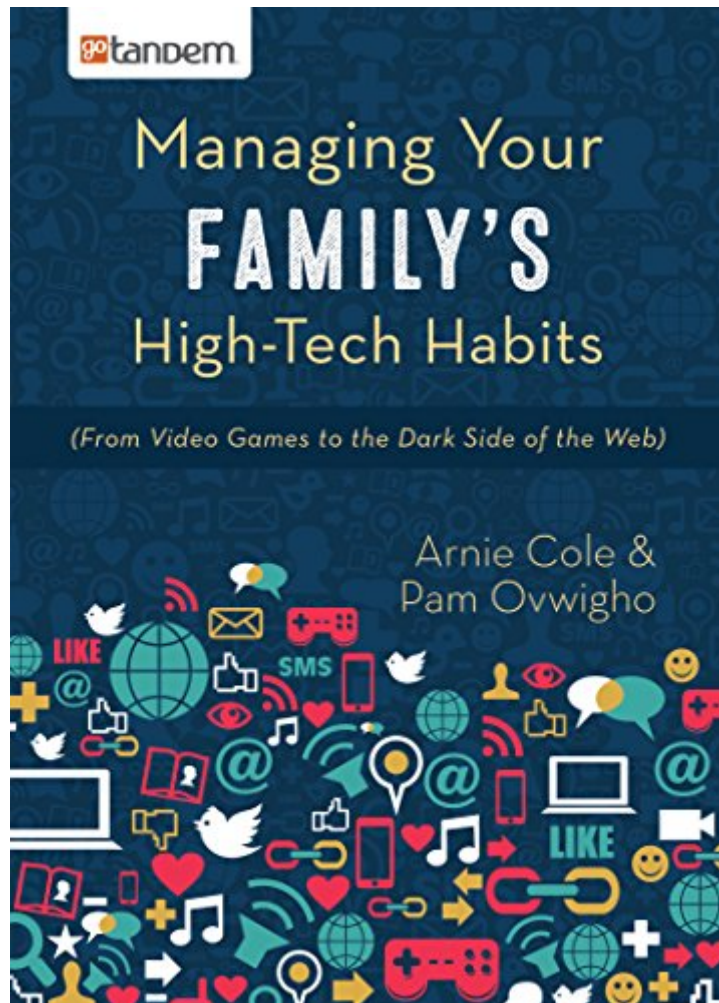


## The book was found

# Managing Your Family's High-Tech Habits: (From Video-Games To The Dark Side Of The Web)



## Synopsis

Most families are riding the wave of high-tech gadgets, rarely considering its negative consequences: increased stress, a disconnected isolation, a loneliness, bad habits and behaviors, and dangerous addictions. *Managing Your Family's High-Tech Habits* helps you sort through the promise and the pitfalls of virtual living, showing you how to navigate social media choices and set healthy boundaries. Various chapters address hot-button issues: why boys get hooked on video games; why our daughters practically live on their cell phones; what to do when families are caught in the dark side of the web.

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*Hoyle's Rules of Games: The Essential Family Guide to Card Games, Board Games, Parlor Games, New Poker Variations, and More*

Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating)

Video Games Memes: Funny Video Games Memes, Jokes and Funny Pictures! (Lol Memes for Gamers) Nintendo, COD, Clash of Clans, Super Mario Memes plus more! Warriors Word Scramble: Word Scramble Games - Word Search, Word Puzzles And Word Scrambles (Word Games, Brain Games, Word Search, Word Search Games, Word ... Scramble, Word Scrabble, Unscramble Word)

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High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BI)

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